The Use of Cryo-Preserved Umbilical Cord Plus Amniotic Membrane Tissue in the Resection of Tarsal Coalition

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Disclosure

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Background

- Tarsal coalition is a common underlying cause of painful flatfoot deformity in adults and adolescents
- Failure of conservative treatment may require surgical resection in some cases
Background

- Adequate resection leaves a void that can be filled with:
  - Bone wax
  - Fat graft
  - Adjacent muscle or tendon, etc.

- Interposition grafting:
  - Provides physical barrier
  - Deters recurrence
  - Deters bony overgrowth
Goal of study

- To evaluate commercially available umbilical cord plus amniotic membrane tissue as an interposition graft with functional and radiologic outcomes at follow-up
Methods

- Retrospective review of patients with resection of tarsal coalition at our institution who had interposition of umbilical cord plus amniotic membrane tissues at the site of the resection.
Methods

• Postoperative data collection included:
  • Pain using VAS scores
  • Foot Function Index scores
  • Radiographic review with CT scan
    • Presence of degenerative changes or significant bony overgrowth was considered a recurrence
• Assessment of hindfoot ROM was noted on physical exam at last follow-up visit
<table>
<thead>
<tr>
<th>Characteristic</th>
<th>n = 14</th>
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<tbody>
<tr>
<td>Male</td>
<td>8</td>
</tr>
<tr>
<td>Female</td>
<td>6</td>
</tr>
<tr>
<td>Median age</td>
<td>28.5 years</td>
</tr>
<tr>
<td>Calcaenonavicular coalitions</td>
<td>7</td>
</tr>
<tr>
<td>Talonavicular coalitions</td>
<td>7</td>
</tr>
<tr>
<td>Average follow-up</td>
<td>18 months (9-32 months)</td>
</tr>
</tbody>
</table>
## Results

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Results</th>
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<tbody>
<tr>
<td>Visual Analogue Pain Assessment</td>
<td>Improved by 89.75%</td>
</tr>
<tr>
<td>Infection/wound complications:</td>
<td>None reported</td>
</tr>
<tr>
<td>Foot Function Index Score:</td>
<td></td>
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<tr>
<td>Median Postoperative Score</td>
<td>46 (range 30-110)</td>
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<tr>
<td>Range of motion</td>
<td>Improved in 64% of patients</td>
</tr>
<tr>
<td>Radiologic review</td>
<td></td>
</tr>
<tr>
<td>Osteoarthritis</td>
<td>14% (2)</td>
</tr>
<tr>
<td>Recurrence</td>
<td>28% (4)</td>
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</tbody>
</table>
Conclusion

- Based on radiological and functional outcomes at an average 19 month follow-up, umbilical cord tissue interposition after tarsal coalition resection appears to be a viable treatment option.
- No adverse reactions were found and recurrence rate was noted to be 29%.
References


